

**Green Mountain Training Center, Inc.**  
**Freestyle/Parkour/Ninja Warrior**  
**2017-2018 Class Registration**

1. Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Boy/Girl DOB: \_\_\_\_\_  
 2. Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Boy/Girl DOB: \_\_\_\_\_  
 3. Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Boy/Girl DOB: \_\_\_\_\_

**PARENT/GUARDIAN NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**PHONE (H):** \_\_\_\_\_ **(C):** \_\_\_\_\_ **(W):** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**PARENT/GUARDIAN NAME:** \_\_\_\_\_

**PHONE (H):** \_\_\_\_\_ **(C):** \_\_\_\_\_ **(W):** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**PERSON RESPONSIBLE FOR PAYMENT** (If different than above): \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**PHONE (H):** \_\_\_\_\_ **(C):** \_\_\_\_\_ **(W):** \_\_\_\_\_

**MEDICAL CONCERNS/ALLERGIES:** \_\_\_\_\_

**EMERGENCY CONTACT** (Other than parents): \_\_\_\_\_ **Phone #:** \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

I give permission for GMTC to photograph my child and use maybe for marketing: -----YES or NO

Start Date	Student Name	Class	Day/Time	Class Fee

**RATES for 8 week sessions:**

1 hr classes- \$154

1.5 hr classes- \$208

<b>TOTAL DUE</b>	
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**FOR OFFICE USE ONLY:**

R/W:	ENT:	B:
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# RELEASE OF LIABILITY, WAIVER OF CLAIMS ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT

By signing this document you will waive certain legal rights, including the right to sue.  
**PLEASE READ CAREFULLY**

## AWARENESS AND ASSUMPTION OF RISK

I am aware that trampoline and gymnastics involves risk including risk of personal injury, death, property damage, expense and related loss, including loss of income. Included in these risks are negligence on the part of Green Mountain Gymnastics/ Green Mountain Freestyle, its directors, officers, officials and volunteers, other participants and owners of the facilities where the activities occur (referred to in the rest of this agreement as "GREEN MOUNTAIN GYMNASTICS AND OTHERS"). I freely accept and fully assume all such risks and the possibility of personal injury, death, property damage, expense and related loss, including loss of income.

## RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of Green Mountain Gymnastics accepting my application to participate in this activity, I agree:

1. To waive any and all claims that I may have in the future against GREEN MOUNTAIN GYMNASTICS AND OTHERS.
2. To release GREEN MOUNTAIN GYMNASTICS AND OTHERS from any and all liability for any personal injury, death, property damage, expense and related loss, including loss of income that I or my next of kin may suffer as a result of statutory duty of care.
3. To hold harmless and indemnify GREEN MOUNTAIN GYMNASTICS AND OTHERS from any and all liability for any damage to property of, or person injury to, any third party, resulting from participation in this activity.
4. That this agreement is binding on not only myself but my next of kin, heirs, executors, administration and assigns.

## PARTICIPANT CONSENT AGREEMENT

1. I warrant that the participant named on this form is physically fit to participate in trampoline and gymnastics activities.
2. I declare that I have accurately disclosed all information regarding physical, emotional or mental conditions affecting the named participant and acknowledge that this information may be used by GREEN MOUNTAIN GYMNASTICS AND OTHERS to use in the delivery of a trampoline and gymnastics program.
3. I understand that GREEN MOUNTAIN GYMNASTICS AND OTHERS has tried to create a safe and controlled environment for participation and that the club has established rules for participation on and about the trampoline and gymnastics areas that must be followed by the participant. I understand that failure to comply with any of the policies and rules of GREEN MOUNTAIN GYMNASTICS AND OTHERS may result in the suspension or termination of membership.
4. I hereby give permission for emergency medical treatment to be administered to the names participant.
5. It is understood that whenever reasonably possible, relatives will be contacted and informed of the problem, diagnosis, treatment required and anticipated medical results.
6. I hereby, where applicable, give permission for my son or daughter (or person to whom I am the legal guardian) to participate in Green Mountain Gymnastics programs.

**I HAVE READ THIS AGREEMENT AND UNDERSTAND IT. I AM AWARE THAT BY SIGNING THIS DOCUMENT I AM WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE, WHICH I OR MY NEXT OF KIN, HEIRS, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST GREEN MOUNTAIN GYMNASTICS AND OTHERS.**

Date signed: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Date signed: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

\_\_\_\_\_  
Signature of Parent of Guardian (if under 18)

\_\_\_\_\_  
Signature of Applicant (if over 18)

\_\_\_\_\_  
Please print name clearly

\_\_\_\_\_  
Please print name clearly

# Green Mountain Training Center

## Rules and Policy Book 2017-2018

### Arrival of Class:

- Parking for GMTC is located on the side lot of our building or in front of our front large overhead doors. Please be respectful of our neighbors and do not park in front of their businesses.
- Please do your very best to be dressed and ready for class on time.
- No one is allowed on the gym floor until their coach calls them out to class.
- You must come into GMTC to pick up your child after class is finished. I cannot allow anyone to leave the building without an adult.
- Please be prompt picking up your child. Our instructors need to be supervising classes and not lingering students.

### Closings:

- If there is any question regarding classes being cancelled due to weather, please call the gym. We will leave a message on the answering machine by 1:30pm if classes are cancelled.
- Cancellations are also posted on our web site at [www.GreenMountainTrainingCenter.com](http://www.GreenMountainTrainingCenter.com) and our Facebook page: Green Mountain Training Center.

### Make Up Policy:

- There are absolutely no make-up classes offered or refunds given for any missed classes in the 8 week sessions.

### Clothing:

- Shorts cannot have buckles, zippers or snaps.
- No jewelry to be worn with the exception of stud earrings.
- Long hair must be tied back and pulled away from their face.
- Shoes are to be removed in the entryway of the gym.
- All participants must come properly dressed in loose fitting shorts or sweats, and t-shirts.

### Communication:

- We use email to inform about upcoming meetings, special events, changes, etc. You must make sure that we have your current email address.
- The gym's phone number is **802-652-2454**.
- The gym's email is [Staff@GreenMountainTrainingCenter.com](mailto:Staff@GreenMountainTrainingCenter.com)
- All of our information is also posted on our website at [www.GreenMountainTrainingCenter.com](http://www.GreenMountainTrainingCenter.com)

### Emergency Numbers:

- It is extremely important that you update us whenever there is a phone number change. This is important especially if there is an injury. Please drop us a note and put it in the payment drop box so we can make those changes on your contact information or email us at [Staff@GreenMountainTrainingCenter.com](mailto:Staff@GreenMountainTrainingCenter.com).

### **Food and Drink:**

- No gum, candy, food or drink is permitted on the floor/trampoline areas.
- Food and drinks may only be consumed in the front areas where there are tables.
- Water breaks are given during class. Please have a water bottle or money for our vending machine.
- Please be respectful of the gym and put trash in the wastebaskets.
- We ask that you clean up any spills that you may make.

### **Lost and Found:**

- If anything is left behind after class, it will be put in the lost and found box.
- We will not be responsible for lost or stolen items.
- Try to leave jewelry at home or put things in their duffle bag before class starts.

### **Viewing:**

- Please remember that access to the gym is for participants and coaches only.
- **Parents and siblings are not permitted on the floor/trampoline areas.**

### **Parents:**

- Please review these rules in this booklet with your child and be sure you understand them before signing our registration form. We ask your cooperation in helping your child understand the importance of safety within the gym.
- **BEFORE** entering the gym, please remove shoes. Make sure that things are placed neatly so that people can walk through.
- Please make sure to keep us current with my phone number or email address changes.
- As always, if you have any questions that you need to discuss, never hesitate to ask!

Robin Critchlow Bourdeau

Owner

Green Mountain Training Center

[Staff@GreenMountainTrainingCenter.com](mailto:Staff@GreenMountainTrainingCenter.com)

(802) 652-2454